Open at the Top

Yearly Books:
A New Design for Living by Ernest Holmes
Healing Resistance: A Radically Different Response to Harm by Kazu Haga

Month	Theme	Book of the Month
January	**Ancestral Wisdom, New Thought**	*Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants* by Robin Wall Kimmerer
February	**Embracing the Edge**	*The Inward Journey* by Howard Thurman
March	**What If?**	*Multi-Species Cities: Solarpunk Urban Futures* Edited by Christoph Rupprecht, Deborah Cleland, Norie Tamura, Rajat Chaudhuri, & Sarena Ulibarri
April	**Practice of Becoming**	*The Endless Practice: Becoming Who You Were Born to Be* by Mark Nepo
May	**Divine Doubt**	*Disciplines of the Spirit* by Howard Thurman
June	**Higher Deeper Love**	*All About Love: New Visions* by Bell Hooks
July	**Whole No Matter What**	*What it Takes to Heal* by Prentis Hemphill
August	**The Fear and the Furious**	*Dare to Lead: Brave Work. Tough Conversations. Whole Hearts.* by Brené Brown
September	**Radical Embodiment**	*This Here Flesh: Spirituality, Liberation, and the Stories That Make Us* by Cole Arthur Riley
October	**Dancing in the Shadows**	*Decolonizing Nonviolent Communication* by Meenadchi
November	**Empathy Expanding**	*Daring Greatly* by Brené Brown
December	**I Could Be Wrong**	*Being Wrong: Adventures in the Margin of Error* by Kathryn Schulz