



Happenings

Freedom to Be

October
2026

Welcome to October, a month of harvest and prosperity for all of us! Our theme for 2027 is Sharing Our Joy!

October is traditionally the month we ask you to commit to financial support for CSLO in the coming year. Yes, that means we'll be talking about money! Some of you will say, Good!! Some will howl in pain and upset. Some will just hide and stay away until it's over.

I invite you to approach this time with an open mind and heart and playfulness. We teach that EVERYTHING is God, therefore money is God, too. Money is a part of our everyday life. This month will be a great opportunity to notice our beliefs about money and the feelings those beliefs generate. Money is neither to be feared nor revered. Instead, we view it as a *form* of Spirit to be experienced and expressed - like all other forms - for the highest and greatest Good possible.

I recently heard one of our members say they didn't like that we are a prosperity teaching because of how some people have misused money. But people have also misused their bodies, so should we not teach health? We can misuse "love" or creativity, so should we not teach love or creativity? There is nothing inherently good or bad about money.

I believe in Ernest Holmes' litmus test for our good - does it bring more life, and does it harm no one, including ourselves? If we can say yes, then we



Sunday Mornings

Meet in person at:

3437 Libby Road NE

Meditation: 10:30 a.m.

Service: 11 a.m.

Or On YouTube:

<https://bit.ly/YouTubeCSLO>

Senior Minister

Rev. David Robinson

are in alignment with the flow of Good from Spirit. (Remember, there's a difference between "upset" and "harm." People can get upset because we don't conform to their ideas of how we should be. That's different than truly harming someone.)

I have always believed that, if we are going to ask you for something - in this case, money - we should support you in having more of what we're asking for. So, this month's talks will be supportive of *your* prosperity. And, well, yes, there's the hope that, as you become more prosperous, you'll share some of that increase with CSLO. But you can keep and enjoy the rest. Blessings!

Sunday Talk Titles: *Freedom to Be*

Book of the Month: *The Soul of Money* by Lynne Twist

October 4: Myths and Truths

Our beliefs and stories - the collective and individual myths we have about money and wealth - free us or imprison us. Let's choose freedom!

October 11: Scarcity and Sufficiency

Much of our culture is based on the myth of scarcity - creating a "scare city." Yet, it's not the Truth.

October 18: The Beautiful Truths About Sufficiency

As we recognize sufficiency as our Truth, we joyously dance with all forms of wealth.

October 25: Living Generously (Guest Speaker: Rev. Eric O'Del)

Stinginess is Fear. Generosity is Faith. There truly is an Inexhaustible Source able to supply your every need, and if you cooperate with It, you will always have everything you require to live your best Life.

With a New Introduction
Foreword by Jack Canfield, author of *Chicken Soup for the Soul*



Transforming Your Relationship
with Money and Life
Lynne Twist

"A life-changing read. With warmth, honesty, and storytelling, Lynne turns everything we think we know about money upside down... It's the book we all need right now."
—BRENE BROWN, Ph.D., author of the #1 New York Times bestseller *Rising Strong*

This liberating book shows us that examining our attitudes toward money—earning it, spending it, and giving it away—offers surprising insight into our lives. Through personal stories and practical advice, Lynne Twist asks us to discover our relationship with money, understand

how we use it, and by assessing our core human values, align our relationship with it to our desired goals. In doing so, we can transform our lives.

The Soul of Money now includes a foreword from Jack Canfield and a new introduction by Lynne Twist, in which she explores the effects of the Great Recession and environmental concerns about our monetary needs and aims.

Have you heard about our Outdoor Adventure Group?

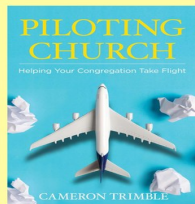


Check out their next adventures listed here:

<https://cslolympia.org/outdoor-adventure-group/>

October Classes, Events & Opportunities

Piloting Church Book Study



Sundays, starting
September 20
for 10 weeks
12:30 – 2:00 pm
In the Community Hall,
Facilitator: Rev. Buffie

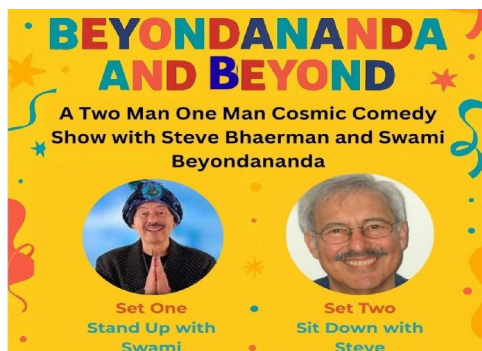
Book available on
Amazon



Piloting Church Book Study

Sundays thru December, 12:30 to 2:00 pm

Informal conversations, one chapter per week,
facilitated by Rev. Buffie in the Community Hall.



Beyondananda and Beyond

Friday night, October 16, at 7:00 pm,

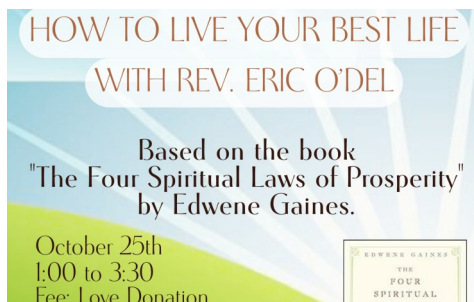
The Swami's magic carpet will land at CSL Olympia.
The Swami's humor will uplift and help us enlighten
our lives.



Game Night

Saturday, October 24 at 6:00 pm

Come and have fun with others from CSLO and their
guests. Make new friends! Adults only, free event
(Donations for CSLO accepted)



How to Live Your Best Life Workshop

Sunday, October 25, 1 to 3:30pm

Rev. Eric O'Del will take you through the Four
Spiritual Laws of Prosperity as taught by Edwene
Gaines to help you live your best life.

Spiritual Partners Sharing-Our-Center Events

Monday Chair Yoga with Deniece, October 5, 12, 19 and 26, 5:30 to 6:15 pm

Qi Gong with Kent Combs: Thursday, October 8 & 22, 5:30 to 6:30 pm

Community Meditation Sound Bath with Hillary Myers, Fri., October 9, 6–7 pm

Dances of Universal Peace with Marti Dimock, Sunday, October 18, 12:30 pm

Interfaith Compassionate Meditation, Tuesday, October 27, 7:15 pm

Find all the scheduled events: <https://cslolympia.org/>

OCTOBER YOUTH PROGRAM:

Freedom to Be

October invites our youth to explore the parts of ourselves and our world that can feel uncomfortable, confusing, or difficult—and discover that we don't have to fear or hide those experiences. Through movement, reflection, creativity, and connection, youth will practice meeting challenging feelings with curiosity, understanding how our relationships affect us, recognizing how our communities shape our experiences, and discovering ways to bring more love and fairness into the world.



October 4 — Clogging with My Shadow

Value: Self-Acceptance

Youth explore how everyone experiences feelings they may not always understand or enjoy. They'll create a "Shadow Dance" movement sequence, using different movements to represent feelings and then noticing what those feelings might be trying to tell them.
Affirmation: I welcome every part of myself with love and curiosity.

October 11 — The Shadow Tango

Value: Healthy Relationships

Youth explore how relationships can bring out different feelings and behaviors. They'll participate in "Relationship Dance Cards," acting out everyday scenarios and exploring how different choices—such as listening, setting a boundary, or showing kindness—can change the direction of an interaction.
Affirmation: I bring love, honesty, and kindness to my relationships.

October 18 — Boot Scootin' Shadow Boogie

Value: Belonging & Understanding

Youth discover how our experiences are shaped by our families, cultures, communities, and world. Through a "Many Stories, One Community" activity, they'll explore how people can experience the same situation differently and practice listening with curiosity and respect.
Affirmation: I belong, I listen, and I help create a more loving world.

October 25 — Shadow Dance Battle

Value: Courageous Action

Youth explore how they can respond when they notice something unfair or unkind. They'll take part in a "Change-Makers Challenge," working through real-life scenarios and choosing creative, peaceful ways to make a difference at school, home, or in their community.
Affirmation: My choices can make a positive difference.

**More Youth Information
on Page 7**



Council Informational Corner

with David Dickinson

Greetings beloved community at CSL Olympia!

By the time you see this in the October newsletter, we've had our Quarterly Membership meeting and potluck on September 13th, during which several Council members provided updates on the work we have been preparing for at Council meetings. These included status updates on the Center's financial position, the introduction of a new discussion group on "Piloting Church", planning for the fall pledge drive, progress on the development of a new and improved website, and a report on the launch of the One Parish/One Prisoner program. Additionally, we heard a robust report on the Youth Program, and details for the 2nd Annual Harvest Festival (which was held on September 19th)

The Council has been involved in a deep dive into the book "Piloting Church" over the past several months as we consider the strategic direction for the CSLO in the coming years, 2027 and beyond. We have read and discussed one chapter at each meeting and will have completed the 10th chapter and the book in September. This coincided with the first weekly meeting on Sept. 20th with interested members of the community to discuss the book, facilitated by Rev. Buffie. This is an experimental approach to engaging our community in thinking and sharing about our core values and beliefs about the Center, how those values matter individually and

collectively, whether we are making a difference in our lives and the life of the community beyond the walls of CSLO, and how we might envision what our community will look like 5 years from now. All these conversations will help inform our strategic planning to meet and exceed our expectations for growth and expansion in the coming years, as we continue to provide meaningful and practical spiritual experiences for each of us in CSLO.

As we move into the fall season, October will see us launch the fall pledge drive, and we look forward to seeing prosperity consciousness at work as we each consider how we can best support CSLO through our financial giving. We also look forward to hearing Rev. Buffie and Rev. Carrie as they begin supporting the ministry with monthly Sunday talks that share their perspectives and experiences in living the principles of Science of Mind. Be sure to save Friday evening, October 16th, for an enjoyable evening with Swami Beyondananda! Happy Halloween All!



**Check out or Contribute to our
Community
Images on the website:**

[https://cslolympia.org/
our-community-in-pictures/](https://cslolympia.org/our-community-in-pictures/)

Practitioner Corner

with Rev. Buffie Finkel

Here at CSLO, for the month of October we will be exploring The Freedom to Be.

I'll note that this is a very broad topic, intentionally not limited to a final adjective. It's not the freedom to be imperfect, or successful, or even the freedom to be purple. It is simply the freedom to BE. So what does this mean?

Do you remember when you completed second grade, the school year over for the summer, and suddenly you were being called a Third Grader with a sort of assumption that you'd know how to be that, whatever that meant? I think this happens to us throughout our lives—we get done with one 'level' of accomplishment, and there is expectation, whether internal or external, that we'll know how to BE that next level right away, and not only that but we'll know how to be excellent at it!! This has been my experience, over the summer. As most of you know, after over five years of classes, I completed my studies and graduated from Ministerial School in June. In August, I passed my Licensing Panels and am

now a Licensed Minister with Centers for Spiritual Living. Folks are asking me frequently how it feels to finally Be a Minister and I have to say...not a whole lot different, at least on the outside! My feelings on the inside are much more...unsettled. Shouldn't I know how to do this Minister thing right away? What will people think if I am not really all that different? Truly, my self-talk is mostly kind, but not always patient! What I know is that I am Spirit having a perfect "Buffie experience" of being a wife, mother, friend, Practitioner, Minister, etc., and that none of these labels change or limit the fact that I simply AM. I choose to know my own unlimited potential as the unique expression of the One that created me. I invite you all to join me in knowing you are free to BE your own perfect expression of Spirit, just as you are.

Namaste

~ Rev. Buffie



Practitioners

Teresa Bielenberg
Linda Villegas Bremer

Sandy Dell
Susan Einhorn
Buffie Finkel

Rev. Carrie Masters
Tim Robinson



Prayer Support

Call the message phone: (360) 255-7878, ext. 4 to listen to a prayer recorded each week by a Practitioner.

COMMUNITY EVENTS CORNER

Harvest Festival



Thanks to the CSLO volunteers for making the 2nd Annual Harvest a wonderful & successful event!

Youth Activities

Radical Embodiment in Action!

Listening to their bodies, our youth and teens take their practice outdoors—discovering spiritual connection through stillness, movement, nature, and play.





WOMEN'S GROUP NEWS

The Women's Coffee group meets Tuesdays at 11 at Haagen's.

The Women's Circle meets the third Saturday of the Month.

Contact [Carol Kautzmann](#) for more info.

MEN'S GATHERING NEWS

The Men's Gathering meets on the second Saturday of each month, beginning with a potluck at noon, typically at the Center.

Contact [Denny Kautzmann](#) for more info.

The **Prayer Shawl Ministry** meets the first Monday of every month.

Contact [Caroline Fenn](#) for more info.

Core Council

President: Carrie Barrett

Vice-President: Greg Laura

Secretary: Hillary Myers

Treasurer: Craig Francis

Member at Large: David Dickinson

Spiritual Leader: Rev. David Robinson

October Birthdays

October 7th - Adrienne Cherry

October 9th - Denny Kautzmann

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