



## Open at the Top

Yearly Books:

*A New Design for Living* by Ernest Holmes

*Healing Resistance: A Radically Different Response to Harm* by Kazu Haga

Month	Theme	Book of the Month
January	<b>Ancestral Wisdom, New Thought</b>	<i>Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants</i> by Robin Wall Kimmerer
February	<b>Embracing the Edge</b>	<i>The Inward Journey</i> by Howard Thurman
March	<b>What If?</b>	<i>Multi-Species Cities: Solarpunk Urban Futures</i> Edited by Christoph Rupprecht, Deborah Cleland, Norie Tamura, Rajat Chaudhuri, & Sarena Ulibarri
April	<b>Practice of Becoming</b>	<i>The Endless Practice: Becoming Who You Were Born to Be</i> by Mark Nepo
May	<b>Divine Doubt</b>	<i>Disciplines of the Spirit</i> by Howard Thurman
June	<b>Higher Deeper Love</b>	<i>All About Love: New Visions</i> by Bell Hooks
July	<b>Whole No Matter What</b>	<i>What it Takes to Heal</i> by Prentis Hemphill
August	<b>The Fear and the Furious</b>	<i>Dare to Lead: Brave Work. Tough Conversations. Whole Hearts.</i> by Brené Brown
September	<b>Radical Embodiment</b>	<i>This Here Flesh: Spirituality, Liberation, and the Stories That Make Us</i> by Cole Arthur Riley
October	<b>Dancing in the Shadows</b>	<i>Decolonizing Nonviolent Communication</i> by Meenadchi
November	<b>Empathy Expanding</b>	<i>Daring Greatly</i> by Brené Brown
December	<b>I Could Be Wrong</b>	<i>Being Wrong: Adventures in the Margin of Error</i> by Kathryn Schulz