

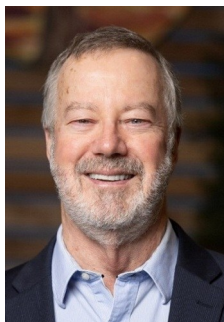
Revolutionary Agreements: Gratitude

March
2026

I love this time of year. It's the time that Nature reminds us that all that looked dead isn't. It's the time of new beginnings, of resurrections, rebirths, and remembering that, no matter how dark and dreary things seem, there is always new birth, new light coming. But here's the thing about Spring - we can't "make it happen." Sure, there are dates on our various human calendars and, especially in the Western culture, we like clearly defined things. But the actual process is much more approximate, much more organic. One year, and in one location, it seems like Spring will never come, while in another place and time, it's already here.

In February, we explored agreements about Acceptance. This month, we explore Gratitude. Both are perfect for the unfolding of new life. We must both accept and be grateful for the process - even when our inner child is screaming, "Now! Now, dammit!!" As Emerson says, "It is only the finite that has wrought and suffered; the infinite lies stretched in smiling repose."

This is a wonderful month to take a breath of that incoming Spring air,



Sunday Mornings

Meet in person at:

3437 Libby Road NE

Meditation: 10:30 a.m.

Service: 11 a.m.

Or on Zoom: 789 699 326

Senior Minister

Rev. David Robinson

and relax in smiling repose. It is a wonderful time to be grateful for both the lessons and learnings of the winters in our lives, and to allow the springtime to unfold gracefully, neither trying to hurry it nor hold it back.

As a community, we'll let go of the long-term way of having a single, dedicated vocalist for our Sunday services, and welcome in fresh new faces (and some returning faces) to share their song with us.

*It's a wonderful time to
BE ALIVE!*

Sunday Talk Titles:

Revolutionary Agreements - Gratitude

Book of the Month:

Revolutionary Agreements

March 1: I agree to give and receive thanks

Gratitude has to do with developing the habit of seeing what's right rather than what's wrong; of seeing the best in everything around us.

March 8: I agree to see the best in myself and others

To see the best in myself and others is to see ourselves created in God's image.

March 15: I agree to look for blessings in disguise

"Become a possibilitarian. No matter how dark things seem to be or actually are, raise your sights and see possibilities - always see them, for they are always there."
~ Norman Vincent Peale

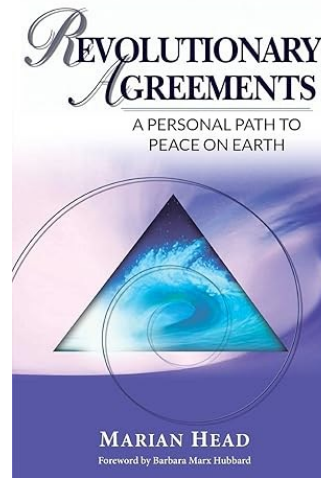
March 22: I agree to lighten up!

Stop waiting for *someday* and live a full life now. Stop waiting and *give* to life. Become a Revolutionary Leader and show the world how to create joy in every moment!

March 29: I choose to be a Possibilitarian, creating a positive world

(Youth and Teen Led Service)

We are creating our future in this moment. What future do we choose?



Revolutionary Agreements is a delightful, practical guide to living a positive life. The book reveals principles tens of thousands have used worldwide to strengthen marriage and parenting, become more effective and happier at work, enhance community

relations, and affect positive change in the world.

In this second edition, the author includes stories from readers who share how their relationships--and lives--were transformed by practicing the Revolutionary Agreements. Also new is a twenty-page section of customized agreements developed by organizations to express and align their team members' values. Additionally, Barbara Marx Hubbard, described by Buckminster Fuller as "the best informed human now alive regarding futurism," offers a thought-provoking Foreword.

The book opens with an invitation by the author to join her in a revolution to create a positive world by living a positive life. The twelve Agreements she offers as tools to affect this revolution are simple, practical and profound, and they are organized within three unifying principles: Truth (to be who I am); Acceptance (to accept others for who they are); and Gratitude (to appreciate the gift of this moment).

March Classes, Events & Opportunities

Rap with the Rev

March 1st
After Service (12:30 to 1:30 pm PT)
At the Center

Open Discussion with Rev. David
on the first Sunday of the month.



CSLOlympia.org



[Rap with the Rev](#)

Sunday, March 1st, 12:30 to 1:30 pm PT
A great way for new and old members to connect,
share stories of their spiritual path, & ask
questions.

SPIRITUAL MIND TREATMENT WORKSHOP

With Rev. David Robinson

Join Rev. David on Wednesday, March 4th,
from 6:00 – 8:00 pm for this special workshop.
Registration requested:
<https://cslolympia.org/smt-workshop-3-8-26/>



CSLOlympia.org

[Spiritual Mind Treatment Workshop](#)

Wednesday, March 4th, 6 to 8:00 pm
As part of the Spiritual Principles & Practices class,
Rev. David is teaching a stand-alone Spiritual Mind
Treatment workshop.

Annual Meeting and All Volunteer Recognition

March 8th
Potluck After Service
Meeting: 1 to 2:30 pm PT
In Person and on Zoom



[Annual Meeting](#)

[And All Volunteer Recognition Event](#)

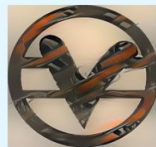
Sunday, March 8th, 1 to 2:30 pm
Help create a delicious Potluck before the Meeting!

The Creative Process

March's workshop in a series of 2-hour "Explorations in
Consciousness" workshops on the last Sunday of the month.
Each is a stand-alone workshop, facilitated by Rev. David.

Sunday, March 22nd, 1 – 3:00 pm
In person with a Zoom option
Cost: \$27.50

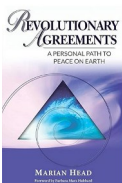
CSL Olympia
3437 Libby Rd. NE, Olympia



[Exploration in Consciousness Workshops](#)

March: Exploring the Creative Process
Sunday March 22, 1:00 to 3:00

The Creative Process is at the core of SOM
teachings.



Join *Conversation Forums on Revolutionary Agreements*
Sunday Afternoon 2 to 4:00 pm at Buffie's Home

[Contact her for more information](#)

Spiritual Partners Sharing Our Space Events Held at the Center

[Qi Gong](#) with Kent Combs Thursdays, March 12 ONLY, 5:30–6:30 pm

[Community Meditation Sound Bath](#) with Hillary Myers, Friday, March 13, 6–7 pm

[Dances of Universal Peace](#) with Marti Dimock, Sunday, March 15th 12:30 pm

Find all the scheduled events: <https://cslolympia.org/>

MARCH YOUTH PROGRAM:



What If?

Imagination, Expectancy, and Becoming Possibility

March invites youth and teens to explore imagination as a spiritual power that shapes both inner experience and the world around them. Through creative play, reflection, and leadership, they discover how belief, expectancy, and oneness empower them to become conscious creators of a positive world.

March 1 – A World of Pure Imagination

Youth engage in a “Build a Better World Challenge,” using art supplies and teamwork to design a model community where kindness, fairness, and cooperation thrive. Each group shares how their world helps everyone belong and succeed.

The experience continues with a Group Imagination Circle, where youth visualize one change they would love to see in the real world. They discover that imagination is more than fantasy—it is the first step in creating meaningful change together.

March 8 – Traveling in a World of My Creation

Youth participate in an interactive “Inner Weather, Outer Response Game.” They draw emotion cards (sunny, stormy, calm) and act out how those inner states affect choices and interactions. This helps them see how their inner world shapes their experiences.

The activity settles into a Positive Self-Talk Mirror Practice, where youth speak affirming words to themselves and notice how encouragement changes how they feel. They learn that caring for their inner world helps create peace, confidence, and belonging.

March 15 – What We'll See Will Defy Explanation

Youth explore expectancy through a fun “Expectation Experiment Relay.” Teammates complete simple challenges while others offer either encouraging or neutral words, helping youth observe how belief and support influence outcomes.

This is followed by a “Future Me Visualization,” where youth imagine themselves succeeding, growing, and overcoming challenges. They discover that expecting good strengthens courage, builds resilience, and helps them move forward with confidence.

March 22 – Wanna Change the World? Do It!

Youth play a cooperative “Kindness Ripple Game,” where one act of kindness spreads from person to person through movement, words, or gestures. They see how one positive choice can influence the entire group.

The experience concludes with a “Compassion Action Plan,” where youth choose one small act of kindness to practice during the week. They learn that changing the world begins with small, loving choices within themselves.

March 29 – Being a Possibilitarian: I Choose to Create a Positive World (Youth & Teen Led Service)

Youth and teens lead the service and participate in a “Possibilitarian Leadership Experience,” sharing music, readings, prayers, and creative expression. They step fully into their roles as leaders and creators within their community.

Through this experience, they integrate the month’s lessons—engaging the audience in imagination to envision good, choosing thoughts that create peace, expecting positive outcomes, and practicing kindness that ripples outward.

Youth (and adults) leave knowing their imagination, belief, and actions help shape a world rooted in love, unity, and infinite possibility.



More Youth Information on Page 7

Council Informational Corner with Craig Francis

Hello CSLO Community,

I'd like to take this opportunity to update you on some of the initiatives the CSLO Council is currently working on and highlight a few important points to keep in mind.

We recently concluded our **Pizza and Participation campaign**. This annual initiative offers community members the opportunity to volunteer for committees vital to CSLO's operations. Although this campaign has ended, you can still sign up to volunteer and get involved. A list of the different committees is available and posted above the computer in the Community Hall.

Another ongoing effort is **Nourishing Our Community**. This initiative allows you to sponsor a community event to support CSLO financially. It's also a fantastic way to strengthen our community bonds. One example is the Backyard BBQ that Jody and I host annually. In the past, we've also enjoyed kite flying, croquet gatherings, art production events, hiking trips, great meals, and more. Please consider which event you could sponsor to nourish our community.

The Council has also decided to rename the center's friendship area to reflect a broader vision. We aspire to be more than a spiritual center and are committed to becoming a community hub. From now on, this

space will be called the **Community Hall**.

Currently, two of our board members are completing their terms, and a **nominating committee** has been formed to seek out new members. This committee consists of two board members and two at-large community members. If you have any input, please feel free to reach out to Kathy Gilliam or Carrie Barrett.

Recently, some community members have requested to **attend board meetings** as a way to support CSLO. This participation brings fresh ideas and perspectives to the Council, and we want to extend our thanks to those individuals—you know who you are. Remember that Council meetings are open to everyone in the community. Please let us know if you would like to attend.

Thank you for your continued support!

*Craig,
CSLO Treasurer*



Check out or Contribute to our
Community

Images on the website:

[https://cslolympia.org/
our-community-in-pictures/](https://cslolympia.org/our-community-in-pictures/)

Practitioner Corner with Sandy Dell

A group of folks formed to discuss what Ernest Holmes meant by being ‘Open at the Top.’ To put this in context, here is one of Holmes’ quotes about the subject:

“We have to keep our minds open at the top for a new influx of wisdom, and we have to set up a sign which says “stop, look and listen; does this that I believe measure up to Truth?... For there are certain inevitabilities that the ages have declared to be true.”
~ Seminar Lectures 105-106

Following are some of our thoughts:

- Freedom and curiosity
- Teachable
- Receiving new truths and information
- Creating great thinkers
- Open-mindedness

Being ‘Open at the Top’ is one of the philosophies that drew me to Centers for Spiritual Living in particular.

I spent the first part of my life believing that God’s authority came from the Priest, the Pope, or the Bible. However, in most cases, any of these sources are limited in what they believe and how they share this belief.

Most religious organizations group their beliefs into a set of statements. There is a finality to those statements, just like the Bible, which is basically the same always. No new books are written or added.

Honestly, I am tired of the rules and the narrow-mindedness that this type of thinking

creates. Just as we learn new things every day through science, I believe we experience new revelations every day through Spirit.

Ernest Holmes never said everything was revealed to him, and there was no more! And Jesus never said anything resembling that, either!

When we are Open at the Top, we can recognize and accept new thoughts, revelations, and teachings. We can also decide whether this thought or teaching works for us. And this is good!

Of all the thoughts shared concerning Open at the Top, my favorite is by ChatGPT.

Open at the Top” is a phrase often associated with Ernest Holmes, the founder of Religious Science, a spiritual philosophy that is part of the New Thought movement. Holmes’ teachings emphasize the idea that one’s mind should be open to new ideas and possibilities, reflecting an openness to growth, change, and spiritual evolution. Ernest Holmes’ philosophy centers on the belief in the creative power of thought and the idea that individuals can shape their own experiences through their thoughts, beliefs, and attitudes. This concept of being “open at the top” encourages continual learning, self-improvement, and receptivity to higher wisdom and understanding.

~ From ChatGPT

It is my prayer and desire to always stay **Open at the Top.**



Practitioners

Teresa Bielenberg
Linda Villegas Bremer

Sandy Dell
Susan Einhorn
Buffie Finkel

Rev. Carrie Masters
Tim Robinson

Prayer Support

Call the message phone: (360) 255-7878, ext. 4 to listen to a prayer recorded each week by a Practitioner.

COMMUNITY EVENTS CORNER

Black History Month



Pictures of CSLO celebration of African American/Black History Month



Mark Your Calander for March 29

CSLO is hosting a financial and gifting Workshop.

Not all the details are available yet, but there will be guest speakers from various financial instates sharing their expertise.

Watch for more details in the next weeks or contact [Denny Kautzmann](#).

Youth Corner



February was all about living Love in Action – Youth played a Super Bowl Sunday “fumble or catch” for the Win, responding to challenges with their heart. Teens led a mock service in preparation for taking over at the end of March - we hold the mic, making space for everyone’s voice to be heard.

Make sure to join the Youth at the March 29th service!



WOMEN'S GROUP NEWS

The Women's Coffee group meets Tuesdays at 11 at Haagen's.

The Women's Circle meets on the third Saturday of the month, Contact [Carol Kautzmann](#) for more info.

MEN'S GATHERING NEWS

The Men's Gathering meets on the second Saturday of each month, beginning with a potluck at noon, typically at the Center. Contact [Denny Kautzmann](#) for more info.

The **Prayer Shawl Ministry** meets on the first Sunday & Monday of the month. Contact [Caroline Fenn](#) for more info.

Core Council

President: Carrie Barrett
Vice-President: Kathy Gilliam
Secretary: Cherie Gordon
Treasurer: Craig Francis
Spiritual Leader: Rev. David Robinson

March Birthdays

March 5 - Jennifer Howie

March 13 - Rev. David

March 26 - Bob Miller

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