

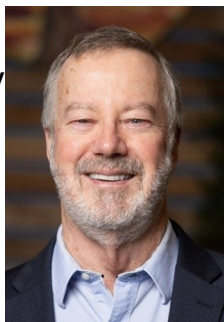
Revolutionary Agreements: Acceptance

February
2026

Welcome to February. The name comes from the Roman word for *purification*. There were some interesting rituals associated with this time in ancient Rome. We won't be engaging in any of them! It is also the month famous for St. Valentine's Day, for all the lovers and would be lovers. (Dark chocolate for me, if you're so inclined.)

Although it begins on January 30th, this is the first full month of the Season for Non-Violence (<https://gandhiinstitute.org/season-for-nonviolence/>) and invitation to 64 days of focusing on peace. Something we can all use more of. And February is also the month in which we honor black history. Much of that history was never conveyed in the past and is being recovered now. It's rich, difficult, and powerful. We are planning an honoring event on Saturday, Feb. 21st. You can also find four videos celebrating black leaders in New Thought by going to "Diversity" under the "About Us" link on our website.

Here at CSLO, this is the second of our three-month exploration of the book *Revolutionary Agreements* in our Sunday talks and afternoon Conversation Forums. While last month we focused on Truth, this month we'll look at Acceptance, which is appropriate for a month associated with love. You can see the talk titles on the next page.



Sunday Mornings

Meet in person at:

3437 Libby Road NE

Meditation: 10:30 a.m.

Service: 11 a.m.

Or on Zoom: 789 699 326

Senior Minister

Rev. David Robinson

As we build our individual lives and collective community, having the healthy foundation of agreements will support a strong growth and structure. As we rise higher and open at the top, having a strong foundation - one of spiritual practice, self-awareness, kindness, and vision guides us into going beyond our wildest dreams. Let's continue to dream and rise!

"If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them."

~ Henry David Thoreau, Walden

Sunday Talk Titles:

Revolutionary Agreements - Acceptance

Book of the Month:

Revolutionary Agreements

February 1: I Agree to Listen with My Heart

This Agreement applies the Golden Rule to listening: *Listen to others as you would have them listen to you.*

February 8: I Agree to Respect Our Differences

As we grow up and venture beyond the confines of our homes and neighborhoods, a world of exquisite diversity greets us.

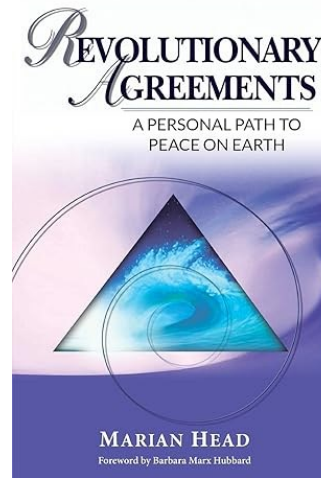


February 15: I Agree to Resolve Conflicts Directly

This Agreement invites us to handle problems directly, with speed and compassion, and *always* by speaking directly with the person with whom we have the problem.

February 22: I Agree to Honor Our Choices

This Agreement invites us to handle problems directly, with speed and compassion, and *always* by speaking directly with the person with whom we have the problem.



Revolutionary Agreements is a delightful, practical guide to living a positive life. The book reveals principles tens of thousands have used worldwide to strengthen marriage and parenting, become more effective and happier at work, enhance community

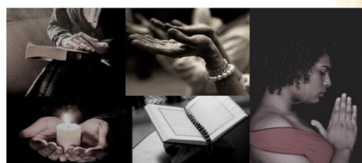
relations, and affect positive change in the world.

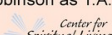
In this second edition, the author includes stories from readers who share how their relationships--and lives--were transformed by practicing the Revolutionary Agreements. Also new is a twenty-page section of customized agreements developed by organizations to express and align their team members' values. Additionally, Barbara Marx Hubbard, described by Buckminster Fuller as "the best informed human now alive regarding futurism," offers a thought-provoking Foreword.

The book opens with an invitation by the author to join her in a revolution to create a positive world by living a positive life. The twelve Agreements she offers as tools to affect this revolution are simple, practical and profound, and they are organized within three unifying principles: Truth (to be who I am); Acceptance (to accept others for who they are); and Gratitude (to appreciate the gift of this moment).

February Classes, Events & Opportunities

SPIRITUAL PRINCIPLES AND PRACTICES



6 Wednesdays: February 11th – March 18th,
6:00 – 8:00 p.m. Held at the Center in person.
Taught by Rev. Carrie Masters, with Tim Robinson as T.A.
CSLOlympia.org 

[Spiritual Principals & Practices](#)

Starting Wed. February 18, 6 to 8:00 pm
Discover the principles and proven practices that
bring those principles into action allowing you to
manifest desired goals and intentions.
Teachers: Rev. Carrie w/Tim Robinson

Black History Month Conversation with Jerry Whiting



Join us at CSLO for an intimate
conversation with Jerry Whiting, a
Seattleite and art collector, who
contributed significantly to the
National Museum of African American
History and Culture, a Smithsonian
Institution museum.

Saturday, February 21st 2 to 4 pm

[African American/Black History Month](#)

Conversations with Jerry Whiting
Saturday, February 21st, 2 to 4:00 pm
Join this special presentation and artifact exhibit
More info on Page 7

All About Faith

February's workshop in a series of 2-hour "Explorations in
Consciousness" workshops on last Sunday of the month.
Each is a stand-alone workshop, facilitated by Rev. David.

Sunday, Feb. 22nd, 1 – 3:00 pm
In person with a Zoom option
Cost: \$27.50

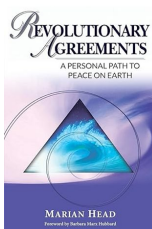
CSL Olympia
3437 Libby Rd. NE, Olympia



[Exploration in Consciousness Workshops](#)

February: All About Faith
Sunday Feb. 22, 1:00 to 3:00

With the exception of Love, there is perhaps no
other spiritual principle more important to living a
healthy, happy, and prosperous life than Faith.



Join Buffie's *Conversation Forums on Revolutionary Agreements*
Sunday Afternoon 2 to 4:00 pm at Buffie's Home

[Contact her for more information](#)

Spiritual Partners Sharing Our Space Events Held at the Center

[Qi Gong](#) with Kent Combs Thursdays, Feb. 12 & 26, 5:30–6:30 pm

[Community Meditation Sound Bath](#) with Hillary Myers, Friday, Feb. 13, 6–7 pm

[Dances of Universal Peace](#) with Marti Dimock, Sunday, Feb. 15th 12:30 pm

Find all the scheduled events: <https://cslolympia.org/>

FEBRUARY YOUTH PROGRAM:

Interbeing, Belonging, and the Power of Love

In February, we invite youth and teens to explore connection, compassion, and conscious choice. Through movement, reflection, and play, they experience how love and awareness shape relationships and create ripples that extend into the world.



February 1 – Emptiness: The Wonder of Interbeing

Youth explore interbeing through movement and shared play, discovering how everyone's choices affect the whole. A cooperative Human Web Game invites youth to move, pass, and respond together, noticing how connection requires awareness, care, and teamwork.

The experience deepens with a brief Mindful Pause, where youth reflect on how the group felt when everyone paid attention to one another. This balance of active play and reflection helps youth embody compassion as something they do, not just something they talk about.

February 8 – Relationship: Seeing with the Eyes of Love

This week emphasizes how perspective shapes relationships through playful interaction. Youth participate in a Perspective Swap Relay, acting out common scenarios using different emotional responses, discovering how reactions can either build or block connection.

The activity slows into a Partner Listening Practice, where youth take turns speaking and listening without interruption. By pairing fun movement with intentional listening, youth experience how love shows up through attention, presence, and choice.

More Youth Information on Page 7

February 15 – Ripples: The Art of Mindful Living

Youth explore how inner states ripple outward through an interactive Ripple Effect Game, sending movements, sounds, or gestures across the room. They quickly notice how energy spreads and how one person's choice influences the group.

The energy settles into a Guided Awareness Check-In, where youth reflect on how different emotions feel in their bodies. This contrast helps youth recognize that mindfulness gives them the power to shift patterns and create positive change.

February 22 – Intimate with the Infinite

Youth experience connection through both play and presence, beginning with a Grounded Movement Flow that encourages slow, intentional motion. This activity helps youth notice breath, balance, and inner stillness while staying physically engaged.

The experience concludes with a Heart-Centered Reflection, where youth choose a word, color, or symbol that represents love to them. By blending movement with contemplation, youth experience love as something alive, accessible, and deeply personal.



Council Informational Corner with Carrie Barrett

Nourishing Our Community

We're delighted to begin the year with one of our most cherished programs—**Nourishing Our Community**. This program is a beautiful expression of who we are: a community that gathers, shares, learns, and celebrates together. The Council has been thoughtfully preparing for a refreshed and engaging season of events, and we're excited to see the creativity that emerges.

Everyone is warmly invited to host an offering. It might be a day trip to a favorite local spot, a cozy dinner at home, a backyard fire circle, a craft or learning session, or any gathering that brings people together in joy and connection. These moments of shared presence help weave the fabric of our spiritual family. A couple volunteers are needed to assist Tiffany with communication. If you're interested, please contact her at cslolyoffice@gmail.com.

Revolutionary Agreements

Our collective exploration of **Marian Head's Revolutionary Agreements: A Personal Path to Peace on Earth** is well underway. Each week, Reverend David highlights one of the agreements in his Sunday message, offering insight and inspiration. Buffie then hosts a reflective conversation that allows us to deepen the practice together.

These agreements are more than ideas—they're tools that help us cultivate healthy communication, compassion, and clarity. As we move into the next phases of our strategic planning process, this shared foundation supports us in staying grounded, open, and aligned.

Nominating Committee

With our **Annual General Meeting** approaching next month, the Core Council is preparing for upcoming transitions on the board. The nominating committee is thoughtfully discerning potential candidates who feel called to serve. **Qualified members are welcome to submit their name for consideration**, and we encourage anyone feeling a nudge toward leadership to explore this meaningful opportunity.

Employee Reviews

Staff members are completing their 2025 reviews, and Council members are offering their reflections as we prepare for year-in-review conversations. These meetings help us honor accomplishments, acknowledge growth, and renew contracts for the year ahead. We're grateful for the dedication and collaboration of our staff that support the heart of our Center.

~ Carrie Barrett Council
President



Practitioner Corner

with Rev. Carrie Masters

LISTENING WITH LOVE

“God is Love, and Love can have no desire other than to bless all alike, and to express Itself through all.” Ernest Holmes

When I was growing up, my dad taught me the importance of listening. He was a great example in my life. Of course, he told me to listen carefully when there was something I needed to hear, but he was also an exemplary listener. I would watch him as others spoke with him, in person or by phone, and he was fully present with them and fully engaged in what they needed to express.

As I became older, I knew I wanted to be a great listener like him. I learned so much from fully listening - with my heart and not just my ears. What I discovered is that listening to others is an act of love. This love blesses others as well as the one who listens.

We all have times when we are rushed, with too many “to-dos” crowding our minds, and we miss what someone says, or perhaps we hear what they say but don’t acknowledge it with a response. This does not mean that we are “bad” listeners, but it’s a reminder

that we are human beings caught up in the rush of a moment.

Listening as a Spiritual Practice can be used all the time - while in conversation with a friend or loved one, or it can be used while just sitting quietly, or in meditation. When we listen for the Infinite Presence in meditation, we hear, sense, and/or feel that next great idea, or a small ‘suggestion’ from Spirit to help make our day better.

Sometimes, in meditation, I don’t hear, sense, or feel anything, but I know I am connected to the Divine One who created me by love. For me, this is enough to bless my day. The connection is real.

Listening with Love brings us connection. As human beings, we thrive on connection with others. I invite you to listen with Love the next time you find yourself in conversation, or the next time a child wants to show you something. Listen with your heart. It will bless your life.

~ Rev. Carrie Masters



Practitioners

Teresa Bielenberg
Linda Villegas Bremer

Sandy Dell
Susan Einhorn
Buffie Finkel

Rev. Carrie Masters
Tim Robinson



Prayer Support

Call the message phone: (360) 255-7878, ext. 4 to listen to a prayer recorded each week by a Practitioner.

COMMUNITY EVENTS CORNER

Black History Month



CSLO is celebrating Black History Month in February. Special events and attractions are planned to celebrate the month.

Various African American artifacts will be on display at the Center throughout the month.

A special conversation/presentation by Jerry Whiting on February 21st, who has created The Whiting Collection of African American Artifacts.



PHOTOS WANTED

We are looking for folks who love to take pictures of Center events, to be added to the website and/or the monthly newsletter.

Let's share with the world that we have fun events and fun people at our center.

Please submit digital photos to SandyADeIRScP@gmail.com

Thank you!

Youth Corner



From our teens at CSL West Coast Teen Camp at Cedar Ridge to youth and teens forming a living tree, these moments reflect who we are becoming.

An impressive art project reveals values as roots, inspirations as branches, and the lasting qualities they share with the world as leaves—cultivating strong, inspired lives together.

See more Community Images on the website:

<https://cslolympia.org/our-community-in-pictures/>

WOMEN'S GROUP NEWS

The Women's Coffee group meets Tuesdays at 11 at Haagen's.

The Women's Circle usually meets on the third Saturday of the month, however we're taking February off. Contact [Carol Kautzmann](#) for more info.

MEN'S GATHERING NEWS

The Men's Gathering meets on the second Saturday of each month, beginning with a potluck at noon, typically at the Center. Contact [Denny Kautzmann](#) for more info.

The **Prayer Shawl Ministry** meets on the first Monday of the month, but will not be meeting in February. Contact [Caroline Fenn](#) for more info.

Core Council

President: Carrie Barrett
Vice-President: Kathy Gilliam
Secretary: Cherie Gordon
Treasurer: Craig Francis
Spiritual Leader: Rev. David Robinson

February Birthdays

February 1 - Crystal Vernon
February 2 - Tiffany Merkel
February 4 - Helene' Coleman
February 9 - Onyx Laura
February 14 - Carol Kautzmann
February 15 - Ronni Woolrich
February 20 - Buffie Finkel, RScP
February 21 - Cherie Gordon
February 23 - Ann Aubuchon
February 24 - Mark Finkel
February 26 - Linda Bremer, RScP

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Lacey WA 98503

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Heather Matthews
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Shani Banai & Kefa Crow
A/V TEAM

Adrienne Cherry
YOUTH DIRECTOR

Marlisa Johnson
BOOKKEEPER

Tiffany Merkel
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