

## Happenings

### Wealth

Here in the Pacific Northwest, we usually begin October with brightly colored leaves and end with brightly colored children seeking treats - hopefully in not too rainy weather. At CSLO, we begin to consider our 2026 financial year's budget. We begin that with an invitation to you to pledge your support for this coming year.

I always believe in supporting people in their own prosperity, knowing that our individual prosperity spills over into the Center's prosperity. So, we have a class that began last month, and this month's talk theme on Wealth. As with everything in our lives, our prosperity is an outpicturing of our consciousness, our beliefs and feelings that flow from those beliefs, about various forms of prosperity.

Traditionally, ministers are discouraged from speaking about three topics - money, sex, and politics. Which I always find interesting since these are the three most challenging, hot topics in most people's lives. If we can't bring spiritual consciousness and practice to these areas, what are we even doing? So, we'll talk about wealth, including in the form of money this

As you contemplate the word "wealth" - and the word "money" - notice your feelings. Are they enthusiastic, scared, avoiding, eager? We all grew up receiving ideas about wealth and wealthy people from others - our parents, teachers, preachers, peers, and television are the

month!

# October

Sunday Mornings

Meet in person at: 3437 Libby Road NE

Meditation: 10:30 a.m.

Service: 11 a.m.

Or on Zoom: 789 699 326

Senior Minister

**Rev. David Robinson** 

most common sources. Sometimes they were overt communications, sometimes covert, and sometimes the non-communication communicated much.

As we teach, it's what we really believe that shows up in form in our lives. This is a great time to observe and release like fall leaves - beliefs that don't serve our fullest experience of wealth in our

lives. We may need to let them go, lay dormant in our own wintering for a bit, then let a new spring of ideas, based on higher Truth, emerge. Our True Self, unencumbered by limiting beliefs, always wants to emerge. This month, let's say yes to the full, joyous Self! Let's dance in the moonlight!

### Sunday Talk Titles: Wealth

### **Book of the Month:** *The Art of Abundance*

#### October 5: What's My Wealth

The word "wealth" means many things to many people. It carries all sorts of connotations and ideas. But what does it really mean to me?

#### October 12: The Expanding Universe

The Universe is expanding. Spirit is constantly evolving new ways of expression. Do I flow with expansion?

#### October 19: Being Accountable

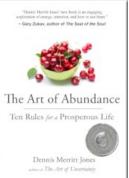
Many people point to outside circumstances and conditions as the source of their wealth, or lack thereof. While outer conditions affect us, they themselves are effects of consciousness - my own as well as the collective.

#### October 26: Be a Catalyst for Good

"It really boils down to this: all life is interrelated. We are all in an inescapable network of mutuality. Whatever affects one directly, affects all indirectly." MLK, Jr.







A life of wholeness and purpose are well within our reach - The Art of Abundance outlines 10 rules, or practices, that lay the foundation for a life worth living.

Whether we're striving for a new job, a higher

salary, or a better relationship, Dennis Merritt Jones explains in The Art of Abundance that we all essentially want the same thing: freedom, inner peace, and a life filled with purpose and meaning.

He shows that a life of wholeness and peaceful satisfaction is readily available to us - we just need the eyes to see it and the faith to claim it. The problem is that most people don't know where to look for such a life. This audiobook will help listeners open their eyes to the limitless abundance that lies waiting just beyond their current belief system.

In The Art of Abundance, Jones identifies 10 rules, or practices, that, when followed faithfully, lay the foundation for a life worth living. In order to make each rule as easy to apply as possible, Jones lays out the premise, the problem, the principle, the practice, and the payoff of each.

The "Abundance Rules" assist listeners in creating a greater flow of goodness into their lives - in ways they may have never considered.

### September Classes, Events & Opportunities



#### Rap with the Rev

#### Sunday, October 5th, 12:30 to 1:30 pm PT

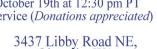
A great way for new and old members to connect, share stories of their spiritual path, & ask questions. In Person and on Zoom!



#### **Community Sound Bath**

Friday, October 10th, 6 to 7:00 pm Hillary, with Soluna Soundworks, is back for 3 fall Community Sound Baths! Enjoy a guided meditation and wonderfully immersive sound bath.





Olympia, WA



Simple movements to live music. No experience necessary, dances are taught to the whole group.



#### **Listening Circles**

#### Monday, October 20, 7:00 to 8:30 pm

Buffie Finkel facilitates an opportunity to deeply listen and be heard in a supportive and judgment-free circle of trust. Bring your open heart.



#### **PACE Classes**

#### Check out our listing of PACE Classes for October

CSL Olympia, Tacoma and Genesis CSL in Burien have formed a regional collaboration for CSL classes. CSLO is promoting classes from these local PACE members.

Find all the scheduled events: <a href="https://cslolympia.org/">https://cslolympia.org/</a>

#### **OCTOBER YOUTH PROGRAM:**

#### The Ultimate Glow Up: Living in Light

This October, youth will explore the ultimate glow up — a transformation that radiates from within through love, peace, and authenticity. Together, we'll celebrate our inner light, honor the Earth, and connect with traditions that remind us of Spirit's eternal glow.



#### October 5: The Ultimate Glow Up

We begin by exploring what it means to shine from within. Just like social media shows us physical glow ups, our spiritual journey reveals the glow that radiates from love, peace, and authenticity. Inspired by Pam Grout's reminder that we are spirit and light, youth reflect on the voices they listen to inside themselves. Together, we'll create "Glow Jars" — decorated jars filled with affirmations and tiny lights to remind us of our inner brilliance.

#### October 12: The Holy Land is Everywhere

We honor Indigenous Peoples Day by recognizing the sacredness of the Earth. Inspired by Chief Seattle's wisdom, youth reflect on how the land cares for us — and how we can care for it in return. Through guided discussion and outdoor practice, we'll explore what makes a place feel holy. Youth will then create "Earth Blessing Stones" — painted stones with prayers and symbols of gratitude to place in nature as a gift back to the land.

#### October 19: Inner Illumination

In celebration of Diwali, the Festival of Lights, we explore how light symbolizes

goodness, wisdom, and joy. Inspired by Chitra Soundar's Shubh Diwali!, youth will learn about Diwali traditions and reflect on how they, too, can shine brightly in the world. After a candle meditation, youth will create "Light Rangolis" — colorful designs made with sand, paper, or chalk — as a symbol of inner illumination and the light that connects us all.

#### October 26: Life and Death

We honor the eternal nature of the soul through reflections on life, death, and remembrance. Inspired by traditions like Día de los Muertos and Ernest Holmes' teaching on immortality, youth will discuss how they'd like to be remembered and how love continues beyond the body. Together, we'll create a "Community Ofrenda" — an altar with photos, drawings, flowers, and candles to honor those who have transitioned, celebrating their ongoing light in our lives.



More Youth Information on Page 7



# Council Inspirational Corner with Kathy Gilliam

#### Justice Builders Beatitudes By Lindi Ramsden

Blessed are you who can question your own assumptions and listen with an open mind; you will receive new insights beyond your imagining.

Blessed are you who suffer the attacks of others to stand up for what is right; you will not be alone, for your courage will inspire others to rise.

Blessed are you who build friendships as well as justice; even when you lose an issue, you will have strengthened the foundation of your community.

Blessed are you who take delight in people; you will not be bored in meetings.

Blessed are you who agitate the placid waters of complacency; you will create waves in the inertia of privilege, and will know the thrill of riding the surf of change.

Blessed are you who lead with enthusiasm and confidence, resisting the temptation to shame the apathetic or self-absorbed; you will inspire curiosity and hope in others.

Blessed are you who play as well as work; you will have more fun, build more energy, and will draw the powers of the impish to your cause.

Blessed are you who ask for help in your role as leaders; you will find teachers at every turn, and your work will remain interesting and alive.

Blessed are you who, when wrongfully attacked, find safe outlets for your righteous rage; your mind will be clear, your decisions strategic, and your progress will not be derailed by the backlash of the fearful.

Blessed are you who do not demonize your opponents; your eyes and your hearts will be open.

Blessed are you who sing and dance; you will find energy and joy to lift you on your journey.

Blessed are you who offer thanks and praise five-fold for every critique; your children will want to visit after they are grown, people will want to serve on your committees, and friends will be interested in your opinions.

Blessed are you who study the rhythms of history; you will have knowledge with which to shape the future.

Blessed are you who work in coalition rather than in principled isolation; you will meet great people, learn things you didn't realize you needed to know, and have partners for the journey when you are in the lead, or in need.

Blessed are you who volunteer to be secretary and take good minutes; your words will become history, and your efforts will move steadily forward rather than running absent-mindedly over thoroughly discussed ground.

Blessed are you who discover, train and encourage young leaders; you will see your work expand and grow beyond your own time and talent.

Blessed are you who can change your mind; you are still alive.

Blessed are you who will not let the perfect be the enemy of the good; you will see progress in your lifetime.

Blessed are you with an active spiritual life; you will find perspective and comfort in times of loss and betrayal, and will rise without cynicism to meet the challenges of a new day.

Blessed are you who live from a place of gratitude; for you will know the meaning of Life.

## Practitioner Corner with Rev. Carrie Masters



#### LIFE AWARENESS AND LESSONS

We are born with a purpose. We don't know what it is when we are new to this world, but we do have a purpose. I believe it is one that we choose before descending into the body temple. Our chosen purpose is to unfold and advance our soul through the experiences we encounter, both positive and negative. We can learn from our experiences and reveal a greater understanding of ourselves and our world.

The trick is to be aware of the lessons we can learn. I would never have thought that my first marriage would lead to an understanding that my husband was one of my teachers. His alcoholism alone taught me how to deal with an addictive personality. However, after the marriage ended and I began taking classes at my Center for Spiritual Living, I realized that my own insecurity and feelings of unworthiness were part of what had attracted me to him. He was also insecure and felt unworthy.

As I began to grow spiritually, I began to feel self-assured, confident, and worthy of all the blessings that flow from Spirit. Our spiritual growth is one of the primary reasons we are here to experience life on planet Earth.

So how do we experience this spiritual growth? We must begin with the desire to be the excellent human we are here to be. This will require a change from within. I know. Change is scary, especially when we don't know what it will all look like once we get there. However, in

my experience, spiritual growth is a gradual process that takes time. It doesn't happen all at once. We grow into it.

After taking many classes, reading many books, and listening to many Sunday messages, and after teaching many classes and presenting many Sunday messages, I realized that I have a fuller awareness of who I truly am. I am a spiritual being having a human experience. Sometimes, I am a human being having a spiritual experience!

Having a fuller awareness of life's big and little lessons has been amazing.

If you are reading this and thinking you don't know enough about our teaching, or you can't think of all the great-sounding words that our Practitioners and our Minister use and could never be as great as they are, STOP. That is just a self-doubt thought that you can dismiss and replace with an affirmation that says, "I AM an amazing expression of the Divine and my words are powerful!" This is the truth. You ARE an amazing expression of God, of Love, of Source, of the Divine. Your words are powerful ALL the time.

I invite you to register for a class taught here (and online) at our Center. You can take one that calls you, or you can take any class that becomes available. Your purpose will reveal itself to you through learning more about the Truth of your being, and you will grow spiritually. Life is SO much better when we allow ourselves to grow and know the purpose we are here to serve.



#### **Practitioners**

Teresa Bielenberg Linda Villegas Bremer Sandy Dell Susan Einhorn Buffie Finkel

Rev. Carrie Masters Tim Robinson

Call the message phone: (360) 255-7878, ext. 4 to listen to a prayer recorded each week by a Practitioner.

#### **COMMUNITY EVENTS CORNER**

#### **Community Gathering**



#### **About the Prayer Shawl Team**

The CSL Prayer Shawl Team knits or crochets Prayer Shawls to be presented to friends, family or CSL attendees at no charge. It comes with a lovely card knowing comfort and blessings as they experience a difficult time. We have prayer shawls available and encourage CSL members or attendees to request one from <a href="mailto:caroline.fenn1@gmail.com">caroline.fenn1@gmail.com</a>. She will arrange to get one to you so you can present it yourself, or ask one of the team members to present it. The team meets on the 1<sup>st</sup> Monday of each month from 1-3 pm at Caroline's home.

If you knit or crochet, or desire to learn, we have yarn and needles and would love to teach you. I f you are only available evenings, email Caroline and she will arrange for a convenient time.

#### **Youth Corner**

















We are carrying the sunshine forward from our joy-filled classes and unforgettable events from Summer 2025!

See more Community Images on the website:

https://cslolympia.org/
our-community-in-pictures/



#### **WOMEN'S GROUP NEWS**

The Women's Coffee group meets Tuesdays at 11 at Haagen's. For more information, contact Jennifer: Jennifer@cslolympia.org

The Women's Circle is on the third Saturday of the month.

Contact Carol Kautzmann for more info.

#### MEN'S GATHERING NEWS

The Men's Gathering meets on the second Saturday of each month, beginning with a potluck at noon, typically at the Center. Contact <a href="Denny Kautzmann">Denny Kautzmann</a> for more info.

The **Prayer Shawl Ministry** meets on the first Monday of the month.

Contact Caroline Fenn for more info.

#### **Core Council**

President: Carrie Barrett Vice-President: Kathy Gilliam Secretary: Cherie Gordon Treasurer: Craig Francis

Spiritual Leader: Rev. David Robinson

#### **October Birthdays**

Oct. 7 - Adrienne Cherry
Oct. 9 - Denny Kautzmann
Oct. 17th - Toy Kay
(in memoriam)

Center for Spiritual Living, Olympia 3437 Libby Road NE, Olympia, WA 98506

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#### **STAFF**

Brent Pendleton & Heather Matthews
MUSIC TEAM

Shani Banai & Kefa Crow
A/V TEAM

Adrienne Cherry
YOUTH DIRECTOR

Marlisa Johnson BOOKKEEPER

Tiffany Merkel
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