

Deep Knowing

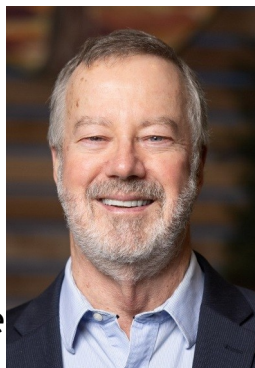
July
2025

As we cross the bar of the midpoint of the year, looking at Growing Deeper and Rising Higher, let's explore the rising higher part. And how high? Waaaay beyond what we may have considered available before.

This month's talks enter the realm of non-ordinary intelligence with the theme of Deep Knowing, based on Kim Hermanson's book of the same name. We see only the world we're conditioned to see and believe only the things we're conditioned to believe. But what if there are worlds beyond what we are told is real?

In the movie [What the Bleep Do We Know](#), there was an example of people who couldn't see the clipper ships approaching their island because they had no "mental equivalent" of clipper ships. It took the shamans, noticing the waves coming to shore, which were different from normal waves, to realize there was something there. It took going into "non-ordinary" seeing for them to see what was there.

Science has frequently been surprised to realize that the way it thinks of things is suddenly proven completely wrong or, at the very least, only partially so. We, too, are prone to see



what we expect and not see the waves coming onto the shore. What if we were to "rise higher" into a deeper knowing to see what we may not have noticed before? What if we could experience Spirit/the divine in new, more expanded ways? Let's go deeper and rise higher!

"Breakthroughs don't happen through effort. They happen when we open spaces we didn't know existed." ~ Kim Hermanson

~ Rev. David Robinson

Sunday Mornings

**Meet in person at
3437 Libby Road NE
Meditation: 10:30 a.m.**

**Service: 11 a.m.
Zoom: 789 699 326**

Senior Minister
Rev. David Robinson

Sunday Talk Titles:

Deep Knowing

Book of the Month:

Deep Knowing



July 6: Uncommon Perception

"Since the Enlightenment, our view of what is real has been organized around the hegemony of a technological and materialistic worldview...[our] mind-set has made the very idea of other worlds unthinkable." (Suzi Gablik)

July 13: Shape Shifting

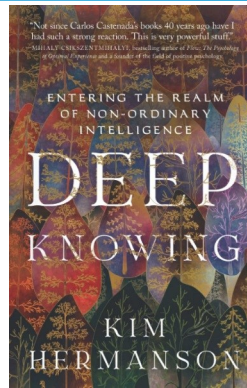
How can you outgrow the limits that do not protect you? How can you unlearn the stories that keep you from being who you truly are?

July 20: When Logic and Proportion Have Fallen Sloppy Dead

We have been so conditioned to think logical, orderly, structured processes are the way to live life. What if there are other ways?

July 27: Go Deep

As we go deep, we awaken something from another world that is already alive within us. It alters our psychological structure and how we see the world in which we live.



Creative power is Godlike. When we're on fire, *nothing can stop us. Can a boulder block a stream? No. The stream is going to go somewhere whether the boulder is there or not. A boulder can't stop it. The Deep Creative is the power of that stream and it's*

possible for us to harness it. Deep Knowing will show you how to tap divine wisdom and creative powers that are only accessible when we move beyond the linear mind. Because our culture has been so highly focused on knowing and perceiving through the left hemisphere, we've dismissed the extraordinary powers of our right cerebral hemisphere.

The language of the right hemisphere is metaphor and engaging with it in a deep way will shift your state of being, align you with your own deep knowing, and hook you up to an incredible realm of divine wisdom. **This intelligent realm knows what you need for your whole life to change. I invite you to let *Deep Knowing* blow your mind. (It will blow your mind in a good way.)**

PHOTOS WANTED

We are looking for folks who love to take pictures of Center events, to be added to the website and/or the monthly newsletter.

Let's share with the world that we have fun events and fun people at our center.

Please submit digital photos to
SandyADellRScP@gmail.com

Thank you!

July Classes, Events & Opportunities



[Rap with the Rev & Bring a Friend Sunday](#)

Sunday, July 6th , 12:30 to 1:30 pm PT

A great way for new and old members to connect, share stories of their spiritual path, & ask questions. In Person and on Zoom!



[Community Sound Bath](#)

Friday, July 11, 6:30 to 7:30 pm

Mark your calendar for every second Friday this summer (July 11, August 8, Sept. 12) for a guided meditation and wonderfully immersive sound bath. Hosted by Hillary from Soluna Soundworks.



[Dances of Universal Peace](#)

Sunday, July 20th, 12:30 - 2 pm

Simple movements to live music. No experience necessary, dances are taught to the whole group.



[Listening Circles](#)

Monday, July 21, 7:00 to 8:30 pm

Buffie Finkel facilitates an opportunity to deeply listen and be heard in a supportive and judgment-free circle of trust. Bring your open heart.



[Game Night](#)

Saturday, July 26th, 6:30—830 pm

Come and have fun with others from CSLO and their guests. Make new friends! Adults only, free event (Donations for CSLO accepted)

Find all the scheduled events: <https://cslolympia.org/>

JULY YOUTH PROGRAM:

Deep Waters, Deeper Wisdom: Embodying Spiritual Intelligence and Authentic Boundaries

This July, we honor the deep waters within — the place where wisdom, strength, and authenticity live. Youth are invited into a soulful exploration of inner wisdom, personal boundaries, and the courage to be fully themselves. Through marine metaphors, spiritual truths, and embodied activities, we dive beneath the surface of who we think we are — discovering the depth, power, and clarity that lives within.



July 6: Remember with the River Dolphins

We begin by remembering the Truth of who we are — a divine, unrepeatable expression of Spirit. Inspired by the book *Undrowned* and the intuitive play of river dolphins, youth explore ancestral wisdom and the beauty of shedding limiting stories. Through meditation and movement, we attune to the still small voice within and create “Truth Streamers” with affirmations that flow from the heart.

July 13: Breathe — It’s Shark Week!

Sharks remind us to keep moving forward and trust our instincts. Inspired by Ernest Holmes’ wisdom, youth celebrate their unique spirit and resilience. After a brief reflection on what it means to be fully themselves, youth will head outside for a high-energy “Shark Tag: Be Your Boldest Self” game. In this playful version of tag, each player takes on a God-quality (like Joy, Strength, or Wisdom) and must move, speak, or act in a way that expresses that quality while evading the “doubt sharks.” Afterward, we circle up for a “deep dive share,” connecting movement with

meaning and affirming: I am whole, I am powerful, I am enough.

July 20: Honor Your Boundaries

This week centers on the practice of setting life-giving boundaries. Youth reflect on what a wholehearted “yes” and “no” feel like in their bodies. Through guided discussion and roleplay, they explore how to stay true to themselves with kindness. We craft “Energy Shields” — visual reminders of what helps us thrive and how to respond when our boundaries are tested.

July 27: Go Deep

Together, we explore what lies beneath our reactions and habits. Through storytelling, journaling, and a sensory-based “Ocean Depth Walk,” youth reflect on what grounds them. They learn that like swim bladders in deep-sea fish, we all have inner ballast that helps us maintain our place in the world with grace and connection.



**More Youth
Information on
Page 7**



Council News Corner, Cherie Gordon

Our **20th Anniversary Celebration** on May 3rd was a wonderful evening, starting with a festive, catered reception, which gave past and present CSLO members and ministers time to socialize. We were entertained by Amy Shephard, LaVon Hardison, Brent Pendleton, and the band members David Broyles, Rick Jarvela, and Andy Garness. The Community Spiritual Leader for all of CSL, Rev. Dr. Soni Cantrell-Smith, shared some inspiring thoughts with us. It was such a fun evening that people are already talking about our 25th Anniversary Celebration. Thanks to ticket sales and generous donations, the Core Council exceeded the event's budget neutrality goal, adding \$1,313 to the general fund. If you missed the celebration or would like to view images from the anniversary party, they are posted on the CSL Olympia website. The council wants to thank everyone who contributed to the success of this celebration.

Our **bi-monthly potluck and Community Gathering** was held on **May 25th**. The Community Gathering was led by the Council President, Carrie Barrett, with updates from the Treasurer, Craig Francis, Youth Director, Adrienne Cherry, and the Minister's report from Rev. David. Buffie Finkle led a **listening circle** where attendees and a partner discussed the topic "What is the story

about this community that you hear yourself most often telling? The one that you are wedded to and maybe even take your identity from?"

During the special Finance Meeting held on April 13th, Craig reported that last year's pledged income was 103% of the budgeted amount, and this year, the pledged income was only 72% of what was budgeted. Fortunately, since that meeting, the percentage has risen to 85%. Thank you to everyone who is now fulfilling their pledges.

Craig and his wife, Jody, have also created prosperity cards printed with thoughts such as "Together," "Inspire," "Source," "Rise," and "Create." The cards are available as you enter the service, and the intention is for each person to hold their card in consciousness and place it in the basket during the offering to represent the financial gift given online.

Community Gatherings will now be held quarterly, with the next one scheduled for September 14th. And **Mark your calendar for CSLO's Annual Picnic on August 24th**. Wishing everyone a safe summer.



Practitioner Corner with Buffie

Your Deep Knowing

As I reflect on my journey in the past few months, the July talk topic of Deep Knowing comes into a renewed focus for me.

In April, I attended the School of Spiritual Leadership's All-Campus Retreat for ministerial students. Over 40 of my classmates were at this retreat at Asilomar, coming from all parts of the country. We brought joy, laughter, and an eagerness to get to know each other more deeply, face-to-face. The title of this retreat was Living the Call, and our focus for all three days was on this thing...the Call. What is this call, you might ask? Is it a call to be a Minister? Possibly. A call to be of service? Most definitely. But what else? We were invited in multiple ways to explore our own journeys and share with our classmates as we sought to define what this Call means for each of us. For some of us it was Spirit's soft tap on the shoulder, or a repetitive nudge, saying you must do this, so that you can do THIS. For others, it was a complete surprise, as they found themselves saying yes to the journey without a clear destination in mind. The education we are each undergoing is usually helpful, occasionally annoying, and always a practice of allowing something

new to unfold within our own souls. And we are all consciously and intentionally grateful for the supportive fellowship we are developing among ourselves, so that we, in turn, support our spiritual communities in whatever capacity our Call leads us to.

This is Deep Knowing, in actual practice. And it is available for each of us. We need only open our hearts to the possibility of something even better, even more magnificent, just waiting for us around the (very small) corner. As I often remark, we are not here to do this alone—if we were, we'd each be on our own island! Exploring that Deep Knowing with others is a whole lot more rewarding.



~~ What are Listening Circles? ~~

*Just that, circles for listening!
Open, authentic sharing, speaking
About what is on your mind,
And what's on your heart,
Into a circle of acceptance.
And finally, perhaps,
What you will do next, now that you
Have lightened yourself.*

Join us, the 3rd Monday of July and August, 7-8:30 in person at CSLO or on Zoom. Contact buffiefinkel@gmail.com.

Practitioners

Teresa Bielenberg
Linda Villegas Bremer

Sandy Dell
Susan Einhorn
Buffie Finkel

Rev. Carrie Masters
Tim Robinson

Call the message phone: (360) 255-7878, ext. 4 to listen to a prayer recorded each week by a Practitioner.



COMMUNITY EVENTS CORNER

David's 8th Anniversary Party May 17



CSL Olympia had so many fun things to celebrate in May, we couldn't get them all in last month's newsletter!

See more Community Images
on the website:

[https://cslolympia.org/
our-community-in-pictures/](https://cslolympia.org/our-community-in-pictures/)

Youth Corner

Sowing Seeds of Purpose

CSL Youth nurture growth through strawbale gardening—building skills, deepening stewardship, and planting love for our greater community.





WOMEN'S GROUP NEWS

The Women's Coffee is on summer break until September 9th.
For more information, contact Jennifer: Jennifer@cslolympia.org

The Women's Circle is on summer break until September 20th.
Contact [Carol Kautzmann](#) for more info.

MEN'S GATHERING NEWS

The Men's Gathering meets on the second Saturday of each month, beginning with a potluck at noon, typically at the Center. Contact [Denny Kautzmann](#) for more info.

The **Prayer Shawl Ministry** is taking the summer off, returning in September.
Contact [Caroline Fenn](#) for more info.

Core Council

President: Carrie Barrett
Vice-President: Kathy Gilliam
Secretary: Cherie Gordon
Treasurer: Craig Francis
Member at large: Susan Strobel (on hiatus)
Spiritual Leader: Rev. David Robinson

July Birthdays

July 11 - Amy Shephard
July 15 - Ram Veeraraghavan
July 26 - Ocean Laura

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Heather Matthews
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Tiffany Merkel
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