

Happenings

The Lightness of Being Incredible

"Ignoring the beauty and value and uniqueness of different types of people is equivalent to ignoring God and refusing to see all the ways God shows up as humanity. We don't do that with dogs, or flowers, or trees or clouds or spices or nature or art, so why would we do it with humans?" ~ Tracy Brown, RScP, Stained Glass Spirit:

Becoming a Spiritual Community Where Oneness

Does Not Require Sameness

June is the gateway to summer. It is the month when all the dreams and hopes born in the darkness of winter spring into full bloom, showering color and life everywhere. If we truly take a few minutes to enjoy, to drink in the natural beauty and vibrant aliveness all around us, and to recognize ourselves as expressions of that same Life, all the wintry darkness of the past fades away into the brightness of the present moment. And yes, there may be a rain shower or two - this is Puget Sound, after all. But we recognize that even the rain brings more Life.

In our talks this month, we'll look at the amazing diversity of Spirit. We celebrate ways of being that don't conform to the "normal" - though they are perfectly normal in the Infinite Mind. We'll explore the fullness of color and variety in Life, celebrating love that isn't contained by the boundaries and rules of old traditions.

June 2 0 2 5

Sunday Mornings

Meet in person at 3437 Libby Road NE

Meditation: 10:30 a.m.

Service: 11 a.m. Zoom: 789 699 326

Senior Minister

Rev. David Robinson

We'll celebrate the emancipation from the horrid oppression of slavery of black people in this country on Juneteenth. And most of all, we'll explore the incredibleness of each person regardless of age, color, gender, and all the other beautiful expressions that some use to create separation, and we'll use to create celebration.

Our book this month is Elizabeth Gilbert's <u>Big Magic</u>, a celebration of "Creative Living Beyond Fear." I'm ready to celebrate. Join me!!

~ Rev. David Robinson

Sunday Talk Titles: The Lightness of Being Incredible

Book of the Month: Big Magic

June 1: In Living Color

Do I settle for a black and white life? Or only shades of gray? There's a whole Technicolor world available!

June 8: Do What You Wanna Do
As I listen to my Inner Truth, and live in
alignment with that Truth, I create a life I
love in a world I love!



June 15: It's Never Too Late & It's Never Too Soon

Life is timeless and ageless. Only we believe in early or late. Life is happening now!

June 22: Who Am I to Play Small? Marianne Williamson asked us this question years ago. It's as valid today as then. My playing small does not serve the world - nor, in the long run, me.

June 29: Living Out Loud

Let your light so shine that people see the real you. This is how you glorify the Infinite Oneness - by letting It shine in, through, and as you!



Readers of all ages and walks of life have drawn inspiration and empowerment from Elizabeth Gilbert's books for years. Now this beloved author digs deep into her own generative process to share her wisdom and unique perspective about

creativity. With profound empathy and radiant generosity, she offers potent insights into the mysterious nature of inspiration. She asks us to embrace our curiosity and let go of needless suffering. She shows us how to tackle what we most love, and how to face down what we most fear. She discusses the attitudes. approaches, and habits we need in order to live our most creative lives. Balancing between soulful spirituality and cheerful pragmatism, Gilbert encourages us to uncover the "strange jewels" that are hidden within each of us. Whether we are looking to write a book, make art, find new ways to address challenges in our work, embark on a dream long deferred, or simply infuse our everyday lives with more mindfulness and passion, Big Magic cracks open a world of wonder and joy.

PHOTOS WANTED

We are looking for folks who love to take pictures of Center events, to be added to the website and/or the monthly newsletter.

Let's share with the world that we have fun events and fun people at our center.

Please submit digital photos to

SandyADellRScP@gmail.com

Thank you!

June Classes, Events & Opportunities



Rap with the Rev Sunday, June 1, 12:30 to 1:30 pm PT

A great way for new and old members to connect, share stories of their spiritual path, & ask questions.



<u>Dances of Universal Peace</u> Sunday, June 15th, 12:30 - 2 pm PT

Simple movements to live music. No experience necessary, dances are taught to the whole group.



<u>Seabeck Summer Camp for Adults and Kids</u> August 17th - 23rd

Join Rev. David and CSLers from around the area from August 17th - 23rd for a wonderful, inspiring and relaxing CSL summer camp experience. Classes, chair rocking, kayaking, a talent show and a salmon bake are just some of the fun activities.

Find all the scheduled events: https://cslolympia.org/

Special Opportunity to Learn More About Our Helping Hands Team

At the heart of our community lies a deep commitment to compassion and service. Our Compassionate Care Ministry's "Helping Hands" team embodies these values, offering support to those in our community during times of need. We understand that life's challenges—whether big or small—can sometimes feel overwhelming, and it is in these moments that our Helping Hands Team steps in to provide care and assistance in a variety of ways such as delivering meals, connecting by phone, running essential errands, or providing transportation.

The Helping Hands team is one of the ministries under the umbrella of Compassionate Care along with Practitioners and the Prayer Shawl team.

If you could benefit from the assistance of our team, or if you feel called to join this heartfelt ministry, we welcome you to reach out to one of the team co-chairs: Crystal Vernon, Jennifer Howie, or Carrie Barrett.

See more at https://cslolympia.org/compassionate-care/

JUNE YOUTH PROGRAM:

Celebrating Our Oneness: Honoring Unity, Diversity, and Loving Expression

This month, youth are invited into a heart-centered journey of discovering our Oneness with all life.
Together, we celebrate the divine within everyone, exactly as they are.



June 1: In Living Color - Honoring Pride with Joy and Truth

This week, we explore how color, joy, music, and movement can express spiritual truth. Through stories of 2SLGBTQIA+ resilience, we see the beauty of embracing who we are and supporting others in their authentic expression. Youth will create colorful affirmation banners that celebrate uniqueness and the unity of all beings, discovering that happiness and self-expression are spiritual birthrights.

June 8: Do What You Wanna Do -Living Authentically in a World That Needs You

Youth reflect on what it means to be real and whole in a world that sometimes demands conformity. Through heart circles and creative self-portraits, we encourage authenticity, courage, and mutual respect. Together, we affirm that each person's inner truth is valid and sacred. We uplift the spiritual power of "coming out" — not only for 2SLGBTQIA+ individuals, but for anyone shedding limiting beliefs and embracing their divine design.

June 15: It's Never Too Late & It's Never Too Soon - Honoring Juneteenth & Restorative Justice

We remember the significance of Juneteenth and honor Black voices. Through storytelling,

music, and reflection on equity, youth explore how justice begins in the heart and radiates outward through action. They write "Justice Seeds" — intentions for how they can help create a world that reflects equality, compassion, and care. Youth learn that even small acts of love and truth-telling help shift the world toward healing.

June 22: And We're Still Together -Unity, Vulnerability, and Courageous Compassion

Using humor, storytelling, and group connection games, youth learn that even when we disagree, we can stay together in love. Vulnerability is explored as strength — the willingness to share feelings, seek understanding, and listen deeply. Inspired by "In Living Color," we celebrate how showing up as our full selves, with kindness and respect, strengthens our shared humanity.

June 29: Living Out and Loud - We Are One in Color

Youth will present their co-created mural, "We Are One in Color," during service — a joyful expression of unity. Dressed to represent their God-qualities, they will share what these qualities mean to them. Adults are invited to participate by choosing a God-quality badge to wear, honoring parts of themselves they wish to express. Together, we celebrate the beauty of living out loud — proud, whole, and deeply connected.

More youth info on page 7

Ongoing Project: Youth & Community Garden

Throughout June, youth continue co-creating our CSL Garden! Each week, we nurture the soil of our intentions with kindness, action, and reflection.



Council News Corner, Kathy Gilliam

What a Celebration!

The Core Council is not always at the center of planning for special events. We get updates, questions, complaints and budget requests. However, due to our Center's 20th Anniversary, the Council took a front seat in creating this awesome event. Not only were there 3 Council members on the team; Cheri Gordon, Rev. David and myself, there was one former council member; Lynn Elliott and a future Council member: Jenn Howie, our Events Team Chair! Jenn mobilized the perfect volunteer team. A very special thanks to Crystal Vernon, Stacey Kempf, Beth Thompson, Sandy Dell, Caroline Fenn, Adrienne Cherry and the Youth and Family Program, Buffie Finkel, Tiffany Merkel and Robin Lee. They all helped to complete our dream of a meaningful celebration. We tasked ourselves with throwing a monumental party while being mindful of our Center's financial bottom line. We came up with the astonishing idea of asking our members to purchase a ticket to fund the event!! And our Center stepped up to the plate in a big way! We SOLD OUT the VIP tickets and even added a few more. Many more bought concert tickets which helped us over the top. Thanks to all of you who helped make this dream come true, whether planning, volunteering or buying a ticket. It was exciting and heartwarming to see us come together to make the impossible possible. THAT is CSLO! Growing deeper for 20 years and counting.

How is CSLO going to follow that?

Simple. We want to mobilize and involve

everyone who wants to see our Center grow. And that means growing deeper individually and collectively. What are **your** dreams and thoughts and prayers for our community? We need to **know** our individual prayers to provide the path to our collective prayers. That is the "stardust" of our community; the origins of our authenticity. It is the God stuff that allows us lay the groundwork for our next Now. What if all we have to do is to deepen our own spiritual path to create a thriving community? Good news! That **is** all we have to do. Simple. Not easy, just simple. When we grow our own awareness of our individualized God Self. our whole spiritual community, our city, our state, our nation, and our world all benefit from this gift. That's known as a win/win situation.

This year the Center for Spiritual Living, Olympia is embarking on an epic spiritual journey to discover our individual and collective WHY? Who are we now and who are we becoming? Will it mean changes and messiness? Absolutely. Will it mean that we all must love and trust and listen to each other even more? Absolutely. Will it mean some dissent and dragging of our spiritual feet? Absolutely. Will we push each other's buttons? Absolutely. Will we allow ourselves and others in our community to grow deeper in Spirit? Absolutely. Will we all be closer to God by being closer to each other? Absolutely.

Aren't we fortunate to be in a community that lets us practice Unconditional Love until we get it right? Absolutely!

Practitioner Corner with Tim

Last month, we were presented with the powerful call to raise our voice, to move from silence into spiritual action. This month, we pivot to the lightness of being incredible. Notice there's a deep connection between courageously raising our voice and stepping into the full, vibrant expression of who we are. This vibrancy, I would suggest, means living in integrity, refusing to go numb, and daring to shine our light into places of deep shadow. Shining this light begins as an internal activity, rooted in clarity and conviction, but it cannot stop there. It must radiate outward, becoming a conscious presence in the world around us.

Lightness, in this context, is not a form of escape. It is not about bypassing pain or covering discomfort with a veneer of platitudes. Instead, it invites us to bring the qualities of love, truth, and spiritual vision into the most difficult realities we face. From that place of consciousness, I cannot ignore the ongoing genocide, ethnic cleansing, and apartheid being carried out against the Palestinian people. Hospitals, schools, and generations of families are being destroyed. In the face of such devastation, spiritual communities across the globe are beginning to ask the same question I have been asking: What is ours to do? How do we remain aligned with our principles while so many lives are

being disregarded and erased?

Raising our voice and embracing the lightness of being incredible means more than affirming personal empowerment. It means stepping into a collective invitation to embody truth in a world that often runs from it. Can we pivot from practicing our principles in private to expressing them with clarity and compassion in public? For me, not playing small means refusing to dilute or defer my moral clarity. It means taking a stand even when it is uncomfortable or unpopular. Living out loud requires a deep willingness to speak, to act, and to love in ways that reveal our oneness with all beings.

To say "not in my name" is not an act of judgment—it is an act of devotion. It is the kind of love that moves from affirmation to action. This is the light we are called to shine, not only when it is easy, but especially when the world feels heavy with despair. Let this be the

month we walk our talk, live in full color, and allow the Infinite to shine through us without hesitation or apology.





Prayer OSupport

Practitioners

Teresa Bielenberg Linda Villegas Bremer

Sandy Dell Susan Einhorn Buffie Finkel Tim Robinson

Call the message phone: (360) 255-7878, ext. 4 to listen to a prayer recorded each week by a Practitioner.

COMMUNITY EVENTS CORNER

20th Anniversary Party









More images and information about the 20th Anniversary Party can be found on the website: https://cslolympia.org/20th-

anniversary-party/

See more Community Images on the website:

https://cslolympia.org/
our-community-in-pictures/

Youth Corner



CSLD 20th Anniversary

Youth designed Swag Bag peace gift rocks and had fun during the party





WOMEN'S GROUP NEWS

The Women's Coffee meets Tuesdays at 11 AM at Panera near the Capitol Mall. All women are welcome to come chat and connect. For more information, contact Jennifer: Jennifer@cslolympia.org

The Women's Circle meets on the third Saturday of the month.

Contact Carol Kautzmann for more info.

MEN'S GROUP NEWS

The Men's Group meets on the second Saturday of each month, beginning with a potluck at noon, typically at the Center.

Contact Denny Kautzmann for more info.

Prayer Shawl Ministry is taking the summer off, returning in September. Contact <u>Caroline Fenn</u> for more info.

Core Council

President: Carrie Barrett Vice-President: Kathy Gilliam Secretary: Cherie Gordon Treasurer: Craig Francis

Member at large: Susan Strobel (on hiatus)
Spiritual Leader: Rev. David Robinson

June Birthdays

June 5 - Carrie Barrett & Lynn Elliott

June 8 - Craig Francis

June 9 - Luke Sutton

June 16 - Alex Perlman

June 17 - Beth Thompson

June 21 - Brent Pendleton

June 22 - Susan Einhorn

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