

# THE **OHMYGOD!** PRACTICE

Join us for an introduction to this unique gratitude-based technique. It will turbocharge your life in three major ways, allowing you to:

- Radically shift your existing challenges
- Deepen appreciation for your current good
- Expand your life, beyond what you can currently imagine

You'll leave with all the tools you need to put the OhMyGod Practice into action – and change your life for the better!

The OhMyGod Practice is part of Melissa and Z's daily spiritual practice. They have used it to create a life beyond their wildest dreams!



**Sunday, Nov. 3rd 1:00 - 3:00 pm**

**Center for Spiritual Living Olympia  
3437 Libby Road NE, Olympia, WA**

**Investment: \$25**