



Happenings

Stepping into the Unknown

The story arc of talks for this year is visualized as three spirals, each four months long. They lift us along the journey of Ancient Wisdom and Evolutionary Vision. In April, we come to the fourth quarter of the initial spiral, with a monthly theme of Stepping into the Unknown. What a perfect theme for any April and, perhaps especially, this one. So much seems on the horizon, yet we know it will not be the same as before. We are truly stepping into the unknown.

The truth is, we're always stepping into the unknown. The past may have felt more solid and certain but it never really was. Everything in life is ephemeral. Forms rise and fall, shift and change are the constants. As we are able to ride the flow of life, dance with it without getting too attached, we find we are supported. Spirit did not take form as you and me to hang us out to dry.

We begin the month with honoring the Christian tradition of the resurrection story, a story that is also playing out in nature. Ester was, after all, the goddess of fertility and the new birth of spring. We are called to leave behind the past life and the tomb of transition and step fully into the new, the unknown. I hope you'll come along on this journey.

“Jesus’ many parables of the Kingdom lean heavily on growth and development. His common metaphors are the seed, the growing ear of corn, weeds and wheat growing together and the rising of yeast. His parables of the reign of God are about finding, discovering, being surprised, experiencing reversals of expectations, changing roles and status. None of these notions are static; they are always about something new and good coming into being.”

Richard Rohr in The Universal Christ
- Rev. David



Sunday Mornings

Zoom: 789 699 326

Meditation: 10:45 a.m.

Service: 11 a.m.

Senior Minister

Rev. David Robinson

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Annual Meeting Report



Sunday Talk Titles

April 4th ~ The Path Less Traveled

The road you can talk about is not the road you can walk on.

April 11th ~ The Winds of Change

It is in the moments we are blown away that we can release old, stuck ideas and let new ones blow in.

April 18th ~ Bless-itation

Since all is God, we are either blessing or cursing God.

April 25th ~ Stepping Out, Stepping In

“It’s a dangerous business, Frodo, going out your door. You step onto the road and if you don’t keep your feet, there’s no knowing where you might be swept off to.”

**Brent Pendleton,
Amy Shephard
& Shani Banai,
our beloved Music
& Sound Team**

Core Council

Rev. David Robinson, *Spiritual Leader*

Buffie Finkel, *President*

Barbara Yanagimachi, *Vice President*

Christi Johnson, *Treasurer*

Luke Sutton, *Secretary*

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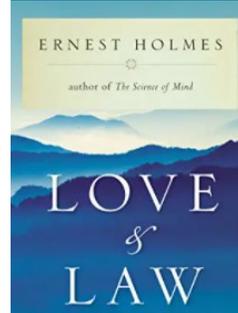
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Check us out on Facebook at

www.facebook.com/csloly

Books for April

Timeless Wisdom



Ernest Holmes had a disarmingly simple message: Change your thinking, and you will change your life. There is a creative law in the universe, he reasoned, and it is available to each of us right now through our thought

patterns. We can, quite literally, think our way to happiness and contentment.

Love and Law is a collection of carefully selected lectures and private lessons that have never before been in print. It is a splendid testament to the living philosophy of this

Evolutionary Vision

“Advancing technologies, omnipresent social media and fiery political landscapes can make us feel helpless and paralyzed. Mlodinow shows us how our most human traits such as novelty seeking and free-range imagination have uniquely prepared us to thrive in an increasingly complex and ever-changing world. Most important, in this groundbreaking book he shows us how to make the best use of our most basic human talents to find true happiness and success.”

~ Dr. Rudolph Tanzi, Professor of Neurology; Harvard University

ELASTIC



Unlocking Your Brain's
Ability to Embrace Change

LEONARD
MLODINOW



Why Church is Important

“We are herd animals. We gain strength from one another’s presence, even if that presence is only intermittently welcome. We thrive in positive, affirming, intergenerational relationships and we excel within a network of them. Our brains evolved because of them. Human connection is crucial to our development. Only a small fraction of the mirror neurons we need to develop empathy are present at our birth and we have about eight months to develop the rest of them, something that only happens if we’re being nurtured in an empathic environment. If we aren’t, and those neurons don’t develop, things are permanently compromised. We can’t catch up.

Whatever our mirror neuron load, we can keep it in tip-top shape. That, however, requires regular, positive, emotionally engaged relationships that reflect our worth as human beings (not as human whateverwedo’s). And where do we find those relationships? Well, for many of us, we’ve found them in church. That is where we have been nurtured in intergenerational settings as healthy, valued members of society. And because we are, society benefits through our voluntarism, philanthropy, service, political action and community leadership. We engage in socially pro-active ways when we are valued ourselves.

Which is, of course, why this whole endeavour we call church is so important. This is the essence we seek: ***Church supports and develops people who support and sustain community.*** And true community makes democracy possible. So church, when it is working well, is a crucible for democracy.” *Rev. Greta Vosper, A United Church of Canada minister who is an atheist. This piece was part of an article for ProgressiveChristianity.org.*

The Power of Decision

“Right decisions await your discovery of them. They are already in your mind. This class will help to reveal them to you.”

~ Raymond Charles Barker

If you want to both improve your clarity around decisions and putting them into motion, this is the class for you. Spend eight weeks connecting with your own intuition and with others in acting on those decisions. A certificated class.

When: Wednesdays: April 7th to June 1st;
6:30 to 8:30 p.m.

Book: *The Power of Decision*
by Raymond Charles Barker

Cost: \$245 with a
10 percent member discount

Rev. David Vacation

Rev. David will be on vacation from Sunday afternoon, April 25th, through Wednesday, April 28th, returning in time to teach class. The following day he has a major dental procedure and will be unavailable for a couple of days. There will be a guest speaker on Sunday, May 2nd.



Youth & Family Program

Stepping into the Unknown

First Week: The Path Less Travelled

As we say yes to our evolutionary journey, we take the path less travelled, assured that we will be transformed by it. Just like nature in the spring, we can plant new thought seeds inside our minds and hearts, nurture what we have already planted in our lives and watch them grow and evolve. Youth will paint a landscape with mature plantings—accomplishments—and budding plants—goals—while weeding out invasive thoughts.



Week Two: The Winds of Change

A vision calls us to embrace change, transformation, and newness. Boldly stepping into the unknown, we find ourselves navigating the winds of change and choosing what to accept and how we will move forward. Youth discover they have many choices in their lives by creating a map of possibilities based on their life journey. Using their intuition, they will navigate their path even when the wind changes their direction, knowing they can still choose a positive response to something that is out of their control.

Week Three: Blessings and Hesitations

New journeys are filled with excitement but there can also be feelings of hesitation. We call our blessings and hesitations bless-itations and recognize our personal power of blessing whatever is before us, greeting each hesitation with curiosity. Youth discover beautifully wrapped gifts hidden in a trash can filled with the challenges they have faced. This is a reminder to practice seeing the blessings in everyday life.

Week Four: Stepping Out, Stepping Up

We gratefully step out of what has been, and confidently step up and into our greatness. Youth follow the life of a caterpillar along its journey to become a butterfly. Wearing their beautifully fashioned butterfly masks, they will create and tell their story as a butterfly. Then they will tell their story as a human and what they've overcome to become who they are today and what they are excited about for their next journey.



Youth and their families are invited to a Woodland Easter Egg Hunt. Enjoy lawn games, snacks and a hunt for Easter eggs.

Teens enjoy a Spring Teen Hang-Out, enjoy snacks and hunt for a special golden egg on their woodland walk.



April Birthdays

6th Teresa Bielenberg
18th Camille Fastle
23rd Jean Hill-Miller

As the Sunday, March 21st Zoom page closed I was floating in gratitude. Our second virtual Annual Meeting was simply delightful. I was honored to co-host with Rev. David.

Gift baskets with agendas, chocolates, candles and fun were offered to all members. Goodies were enjoyed as we progressed through the business of the Minister's report and the Treasurer's report. Then we elected Luke Sutton to the Council. Welcome Luke!

We expressed heartfelt appreciation with a silly group photo of the Council members whose terms were up: Jean Hill-Miller, Larry Gilliam and Teri Echterling.

We completed the meeting by having a few minutes of generative conversation in break-out groups, speaking to the question "What is the change you wish to see?" I left this last question purposely vague to allow folks free rein with their visions.

Our community harvest was rich with love, intentionality and compassion for those in our world. Several voices spoke to wishing for a change of emphasis from hurry-hurry to slowing down, taking time for peaceful contemplation and for connecting with loved ones both near and far. There were visions of finding ways for us to join hands in service to the greater community around us where we can both give back and spread our teaching.

It's no surprise that the strongest change desired was for a safe, comfortable return to being together, in both play and service, song and celebration. Mistake me not, this is definitely on your Core Council's agenda. We will be, in the months to come, creating a plan for just this—our community reunion.

We will take it slow, listen to you and experts in all sorts of fields and we will pray. So my request for you all is that you pray with us. In the meantime, gratefully celebrate the little things like crocuses blooming, hummingbirds humming and Zoom zooming us together until we can be face to face again.

~ *Buffie Finkel, Core Council President*



Don't Shut the Door

Climb the long, long stairs in your mind

And at the top find a door

Open this door and go out

or peek

Into the boundless freedom of all possibilities.

Let the wind of these possibilities

Blow through you

and fill you

and feel no resistance.

And when you go back in the door

Don't shut it.

~ *Buffie Finkel*



...to Teri Echterling
Larry Gilliam
And Jean Hill-Miller
for your service
on the Core Council.
Great job one and all!

Finding the Christ

as the Season of Lent passes, the time-honored spiritual practice of releasing old beliefs and behavior patterns makes room in our hearts and lives for rebirth and renewal. Let us now proclaim the truth of who and what we are—spiritual beings on a journey of Divine purpose. Let us reclaim our great heritage, the presence of the indwelling Christ consciousness.

Our founder, the Reverend Doctor Ernest Holmes, wrote about this in the Science of Mind textbook. “We also believe that Christ comes alike to each and all. There is no one particular man predestined to become the Christ. We must understand the Christ is not a person, but a Principle. It was impossible for Jesus not to have become the Christ, as the human gave way to the Divine, as the man gave way to God, as the flesh gave way to Spirit, as the will of division gave way to the will of unity— Jesus the man became the living embodiment of the Christ. In the ecstasy of self-realization, he proclaimed the Truth to be working through him.”

I am truly grateful to have free and full access to information about the history of

the life of Jesus, especially the books, papers and conversations offered by those who love him above all else. I am equally grateful for all that has been shared by those who have been willing to risk judgment, ridicule, banishment and even their lives to share their lived experiences and contemplative understanding of the indwelling Christ.

We live in a unique and beautiful spiritual era, and our capacity for living as love in a world of love is thankfully unfolding and expanding each and every day. Doctor Holmes also wrote these inspiring words:

**Thou art the center and circumference
of my life,
The beginningless and endless part of me,
The eternal Reality of me;
The everlasting Power within me;
The eternal Good working through me;
The infinite Love impelling me;
The limitless Peace and Calm within me;
The Perfect Life, living in and through me;
The Joy of the Soul and the Light of the
Spirit, illumining me,
O Lord, God, Eternal and forever Blessed,
Thou art my whole being!**

~ Teresa Bielenberg, RScP



Practitioners

Teresa Bielenberg
Linda Bremer
Sandy Dell

Susan Einhorn
Buffie Finkel
Marlisa Johnson

Alex Perlman
Sylvia Schroeder
Mary Wilde

**Call the message phone: (360) 255-7878, ext. 4 to listen
to a prayer recorded each week by a Practitioner.**

Meet Tiffany Merkel

“I consider myself a cautious adventurer,” Tiffany told me. “I have a couple of kayaks, and a motorcycle. I also like scuba diving, white-water rafting and riding in my friend’s experimental home-built airplane.” With these words, we who have yet to meet Tiffany Merkel in person can see that besides being CSL’s administrative assistant since August of 2020, Tiffany enjoys moving through life at a fairly fast pace.

Tiffany lived in Kansas all her life until she moved to Washington in 1999. Her father and stepmother, her ex-husband and ex-mother-in-law, who are still close family members, all live in Kansas. She looks forward to visiting them soon.

Her background includes working in retail, the college library, social work and as a research and teaching assistant through graduate school. She worked in Bellingham at Whatcom Community College and the State Board for the Community and Technical Colleges in Olympia.

While at the State Board, Tiffany became interested in winemaking as well as wine marketing and sales. She became a full-time student at South Seattle College’s Northwest Wine Academy. “It was a perfect blend of science and art,” Tiffany explained. While studying wine, she also began taking classes in curriculum development and teaching hybrid and on-line classes.

Combining curriculum design and instruction with wine for a future career became Tiffany’s intention. Because travel was a

constant dream as well, Tiffany entered the graduate program at the University of Adelaide in Australia which has a world renowned wine program.

Unfortunately, life intervened and due to her mother’s illness, Tiffany left the program late in her first

year and was never able to return.

Back in the states, Tiffany has worked in a variety of wine cellars as well as several customer service stores in which she has taken managerial roles. Her latest was at our own Radiance Herb and Massage shop. Unfortunately, due to Covid and its effect on business, Tiffany

has recently been laid off and is looking for another full-time position.

Tiffany is new to Science of Mind. Upon attending our Zoom services, she realized CSL principles were what she was looking for. “I found this belief system dovetails nicely with what I have felt since I was young.” To learn more, Tiffany is taking the current Foundations class. Along her life path, she has clearly experienced challenges but has managed to meet them head on with resilience and resourcefulness.

Welcome to Science of Mind and our loving community. We’re happy to get to know more about you and look forward to seeing you in person.

~ Linda Sickles

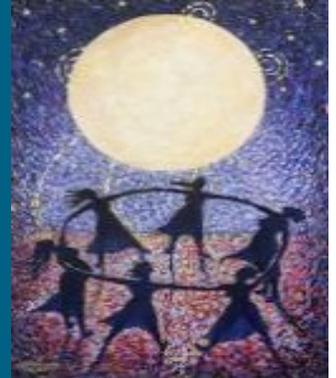


“I found this belief system dovetails nicely with what I have felt since I was young.”



The CSL Men's coffee group meets on Friday mornings each week at 10 a.m. For more info contact Denny Kautzmann at: CSLDenny@gmail.com

The Women's Circle meets on Saturday, April 17th 2 to 5 p.m. on Zoom. All CSL women are warmly invited to attend. To be added to the email list please contact Carol Kautzmann: ckremedy4u@gmail.com



Sacred Sunday Meditation

On the third Sunday of each month, you are invited to engage in spiritual practice with friends. It is a deep, lovely, sacred time. Meditation, contemplation, inner journeying and sharing of experiences are just some of what happens during this time. Join us April 18th ~ From 6 to 7 p.m. Zoom: ID# 789-699-326

STAFF

**Brent Pendleton,
Music Director**

**Shani Banai,
Zoom Support**

**Adrienne Cherry,
Youth Director**

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**"It is spring again. The earth is like a child that knows poems by heart."
– Rainer Maria Rilke**