

March 13<sup>th</sup>,

Dear Friends,

Ernest Holmes tells us that we do not deny the existence of a condition; we deny that it has to continue to exist. We, in Religious Science, believe firmly in the power of prayer and consciousness to heal and maintain our innate Wholeness. And, most of us have encountered circumstances where we engage medical assistance as part of our healing and where we apply healthy eating and living habits as part of our self and Self-care. We work both our inner and outer well-being.

As the COVID situation continues to unfold, and in alignment with both the Governor and Olympia Health's measures to curb the spread of this virus, I feel that our wisest, best and most caring path at this time is to cancel our Sunday services, until the "social distancing" practices are lifted. It is with great sadness that I do this, because I, like you, love to see and hug each other. I just want us to continue having that ability.

Instead of meeting this Sunday at Nova, we can meet online in a Zoom meeting. Many of you have used Zoom. Those who haven't, Zoom is a free program, available at [zoom.us](https://zoom.us). It is VERY easy to use for connecting with others. Each meeting has a Zoom ID and our meeting ID this Sunday is 789-699-326. You can join a few minutes early.

We will have a prayer by one of our Practitioners, a meditation, the talk and a closing prayer. We may introduce a discussion of the talk afterwards, and there will be an online "meet & greet" opportunity to say hi to everyone.

During this time, being able to maintain our financial well-being as a community is very important. There are several ways of donating, from mailing a check to our postal address to using the online options explained under the "Donate" heading on our website.

This Sunday was also scheduled to be our Annual Meeting, with election of new Council members. I will be conferring with our current and incoming Council members tomorrow about steps forward, regarding this election.

I do currently plan to hold the Sacred Sunday evening session at my house.

I appreciate all your love, prayers and support of our community during this time. It is not an easy decision. I am reminded of Dickens' "It was the best of times, it was the worst of times." I believe that if we stay connected to our spiritual Truth, to our spiritual practice and to our own hearts and inner Wisdom, we will walk through this experience, richer and better for it.

*"Yea, though I walk through the valley of the shadow of death, I shall fear no evil, for Spirit guides and comforts me."*

With much Love and knowing all of our Wholeness in every way,

Rev. David